

Consult with your therapist to decipher which treatment best suits your needs. Choose or combine from these...

Body Balance Massage...

Remedy your aches and pains - relax and unwind.

30 minutes \$50; 45 minutes - \$65; 1 hour - \$85

Hot Stone Elixir

Rebalance your mind, body and soul as the stones melt away any tension and the elixir holistically harmonises.

Allow 1hr15 - \$120

Feed Your Face and Body...

Body wraps begin with a foot bath ritual.

Enjoy a shiatsu scalp massage as the wrap works its wonders.

Complete with a Tangerine and Rose full body moisturise.

Rejuvenating Mud Wrap ~ *You are smothered in the warm detoxifying clay and gently cocooned. Let the rejuvenating begin*

OR

Coffee & Sea Kelp Wrap ~ *Rich in vitamins and antioxidants, this wrap will assist in cellular metabolism, detoxifying and reviving your skin leaving it soft and supple.*

Allow 1 hour - \$125

Signature Facials...

We use J A N E S C E products tailored to your skin's needs.

Petite ~ *30 minutes with Shiatsu scalp massage.*

\$60

Clarity ~ *60 minutes with foot bath ritual and Shiatsu scalp massage.*

\$90

Ritual ~ *90 minutes with foot bath ritual, Shiatsu scalp, back, neck and shoulder massage.*

\$135

ATHENA 7 Minute Facelift

Clinically proven in a top cosmetic laboratory. Blended with over

12 Organic Essential Greek Plant Oils. 83.72% reduction of fine facial lines and wrinkles in just 7 minutes - add onto any treatment.

Packages...

Top to Toe ~ *Foot bath ritual, full body massage with Signature facial.*

Feel fantastically radiant from top to toe!

Allow 2 hours - \$180

Petite Top to Toe ~ *Petite facial with a back, neck & shoulder massage.*

Allow 1 hour - \$105

R 'n' R ~ *Revive and replenish your body and senses with a stimulating Body Polishing Wrap. Start with the Foot Bath Ritual and enjoy a Shiatsu scalp massage as the wrap works its wonders and finish with a full body massage.*

Allow 2 hours - \$210

Yummy Mummy ~ *This will leave you looking and feeling like a Bella Mama! Pedicure, back, neck and shoulder massage with petite facial, brow tidy and lash tint. Why not add a manicure?*

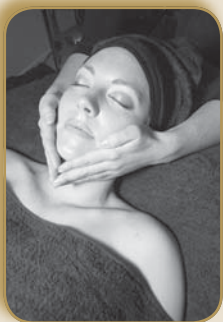
Allow 2¼ hours - \$220

We also offer Manicure, Pedicure, Lash Extensions, Acrylic Nails, Waxing and other body essentials. Minimum call-out of one hour required.

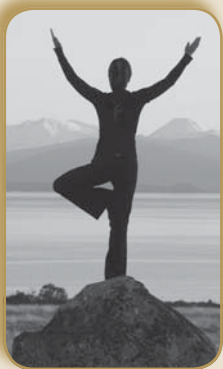
Cancellation Policy: *Our time is valuable to all our clients. We require 4 hours notice on all single services otherwise a 50% fee will be charged. All packages require 24 hours notice or 100% fee applies. 'No shows' will be charged full price. Credit card details required to secure some bookings. Public holiday surcharge may apply.*



Massage



Beauty



Wellbeing

THE Body firm Day Spa

All your body needs

Bayview
Wairakei Resort
(07) 378 0873

Bookings Essential

www.thebodyfirm.co.nz

or ask at reception for details